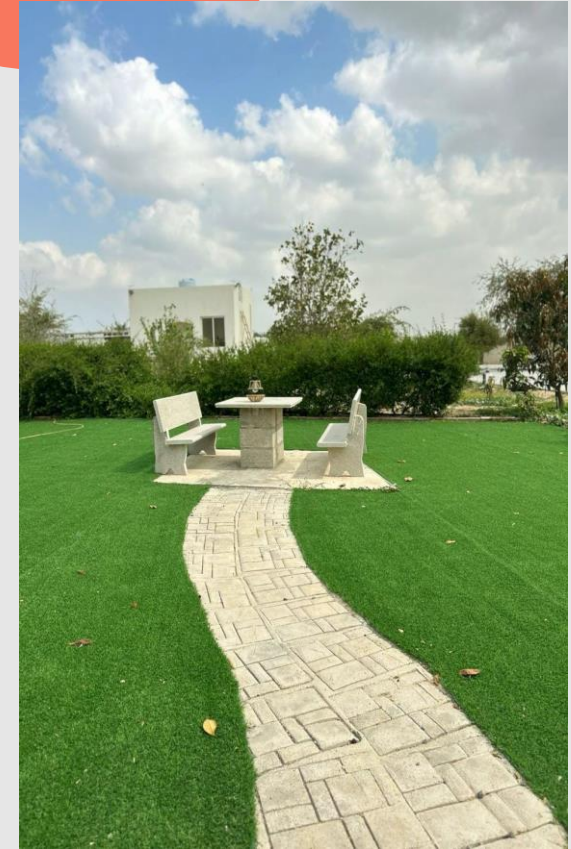




SAKINA

RESIDENTIAL ALCOHOL AND MENTAL HEALTH REHABILITATION CENTER



What We Offer

- Residential Alcohol & Mental Health Rehabilitation
- Confidential and Private
- Expedited Admission
- Shared or Private Rooms
- Evidence-Based and Holistic Treatment
- Private Psychotherapy
- 30-, 60-, or 90-Day Programs
- Animal Therapy
- Cultural and Spiritual Sensitivity
- Collaborative Family Treatment
- Aftercare Planning

Reclaiming Hope - Rebuilding Lives - Finding Serenity

UAE's first Private, Residential
*Alcohol and Mental Health Rehabilitation
Center.*



CONTACT US

+971 (0) 56 174 2644
rebecca@sakinuae.com
www.sakinuae.com

Al Khatt, Desert / Ras Al Khaimah / UAE

Why Chose SAKINA

Because we know what we are talking about when it comes to addiction and recovery.

Our program is designed and inspired by licensed mental healthcare professionals, addiction specialists and individuals in recovery.

YOU ARE NOT ALONE



A SOBER LIFE AWAITS YOU

The torment of alcoholism is very real. We will provide a customized program that will be the roadmap for your sustained recovery.

"Sakina" is an Arabic term that holds profound significance. Translated as tranquility, serenity, or calmness.

Sakina represents a deep sense of peace and reassurance, especially during times of distress or difficulty.

It is a state of inner calm and tranquility, reflecting an overall sense of well-being and protection.



ANSWERED YES TO MOST OF
THESE QUESTIONS?

We can help you

- Can't stop drinking once you start despite knowing it's hurting you?
- Experienced negative consequences as a result of drinking?
- Tried to cut back or stop but realized you can't?
- Spend a lot of time thinking about, obtaining, or recovering from alcohol?
- Drinking to calm down your anxiety and fear?
- Don't remember things after drinking?
- Wake up with regrets towards family and friends?
- Find your life has become unmanageable because of your drinking?

OUR PHILOSOPHY OF CARE

Our philosophy of care is rooted in the belief that every individual has the inherent capacity to overcome addiction and lead a fulfilling, meaningful life.

We are committed to providing a compassionate, respectful, and holistic approach to recovery that addresses the physical, emotional, psychological, and spiritual dimensions of healing.

CONTACT US TODAY

FOR YOU OR A LOVED ONE

Take the first step towards a brighter, addiction-free future. Reach out to us to learn more about our programs and how we can support you or your loved one on the journey to lasting recovery.

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